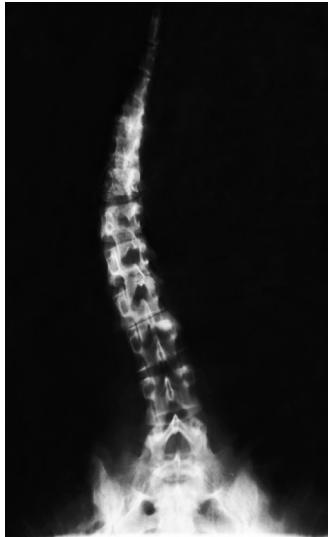




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Dental Truth

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Mom's dental mercury can cause her child's scoliosis

The x-ray at left shows the abnormal curvature, scoliosis in Katie Dutton spine at age 14. Her mother, Rebecca Dutton had been a "dental nurse" in England for three years. She later researched the possible link between a mom's mercury toxicity and a child's scoliosis; her presentation at a scientific conference showed a link between scoliosis and mercury.

Why don't environmentalists speak out about dental mercury?

Their briefing papers on mercury mislead and mis-gude them on the mercury science, always skipping over dental mercury as a significant source of human mercury exposure. So, the rank and file activists really don't know! One of the biggest, most heavily funded non-profits is the culprit here and its literature on mercury and the environment seems designed to perpetuate the dental mercury cover-up. Details inside.

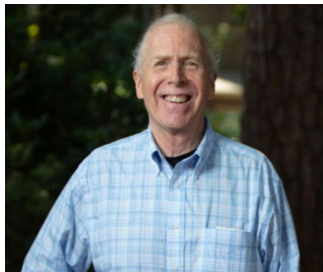
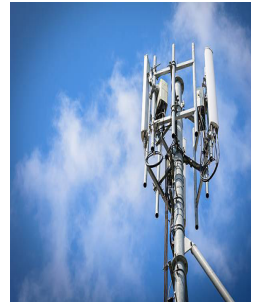
Fluoride trial heads for finish

The federal fluoride trial resumes for testimony on January 31, 2024. Will the judge's ruling put an end to water fluoridation once and for all? Federal district court judge Edward Chen, right, will preside.



Big wireless power grab

Proposed little-noticed federal legislation would *force* local governments to approve all antenna permit applications. The losers would be all of our towns and cities, our health and our basic freedom.



Good copper, bad copper Sorting it all out

Researcher Morley Robbins, left, tells us how to get the copper that we all need and how to bring down a toxic iron overload, a common problem as we age.



Oxalates a little known drag on our health

So says researcher Sally Norton, left. She tells how they lurk in spinach and some other supposedly healthy plant foods and what the better plant food choices are.

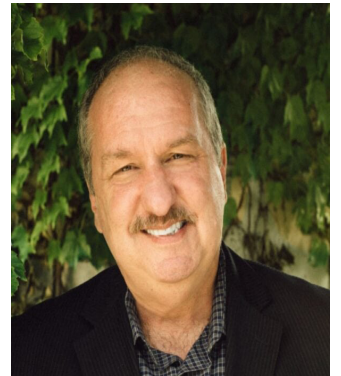
A doctor without spin

Dr. Peter McCullough, MD, MPH, right, talks about the cardiomyopathy that afflicts young of the young athletes. He also explains why some feel ill after getting covid shot while most others are just fine.



Vaccinations, thumbs or thumbs down?

Brian Hooker, right, tells what the comparative studies really say, in the book *Vaxxed - Unvaxxed* that he co-authored it with Robert F Kennedy, Jr.



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DAMS Inc. is a 501©(3) tax-exempt, non-profit group that educates the public on the dental - health connection. Contributions to DAMS are tax-deductible.

DAMS information packets are available via mail or e-mail upon request. They contain an information guide on dental - health issues and describe the many resources that are available through DAMS. Packets include a list of practitioners, mostly dentists, in your state or province. Indicate your special issues or concerns. The packets are free, but donations are welcome. An envelope for sending a donation or a memberships will be provided with your packet.

Additional copies of the newsletter may also be available. Call to arrange to receive some. You may also **request at <dams@usfamily.net> to be e-mailed the newsletter or news updates.** The DAMS newsletter provides a forum for expressing a broad range of ideas and viewpoints, for educational purposes.

DAMS does not operate dental or medical clinics or provide dental or medical advice. For dental or medical advice, consult a knowledgeable practitioner. For legal questions consult an attorney.

DAMS does not support, endorse, or oppose political candidates or parties. But DAMS encourages participation in the political process and urges that citizens screen candidates thoroughly on the most important issues.

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Get news updates from DAMS every month by getting your e-mail added to the list for monthly DAMS news e-blasts

News and questions keep popping up in this fast changing world and we have gathered a large list of member and supporter e-mails that we can send out news updates to. To be added to this list for news e-blasts, just e-mail us

at dams@usfamily.net. If you are already on our database for getting the Dental Truth in the mail, that's fine, you can also be added to our list for e-blasts too. This e-blast service is free, so everyone should sign up for it.

A ban on dental amalgam in the EU has been proposed but is it imminent and why have we heard nothing else about it?

On August 13, 2023, Mercola.com ran a story about a proposal to ban amalgam fillings in the European Union (EU). This grabbed some attention at the time, but the story said that the "ban" for the EU is only a proposal and it has to be approved both by the EU Parliament and the EU Council. Either of them could block a ban.

DAMS asked its non-profit counterpart in Sweden, Tanhalsöförbundet (TF), which means *Dental and Health Connected* in English, - whether this is likely to happen and, if so, when. Within hours, we got this reply

There is a knowledge about what mercury can do so I think EU will vote about a ban. The question is when. We first thought it could be 2024 but it is too late [already, for that]. We hope for 2025, but it could be 2027 or as late as 2030. It will come I am sure.

In Sweden and Norway we don't use amalgam anymore and it works [out] well. But there are of course countries against a ban. In most of the European countries people also know that amalgam releases mercury and [they] don't want to have it if they have enough money to make a choice.

We are anyway working for a stop for amalgam. -Ann-Marie

Scoliosis Research: Scoliosis Linked to Mercury

by Rebecca Dutton

Rebecca (Becky) Dutton is a former dental assistant/practice manager and a mom whose research has uncovered a significant link between mercury and scoliosis. Here is her introduction to a half-hour filmed presentation that she made in 2018.

Having run a mercury/metal allergy support group in England since 2007, I see many connections between heavy metals and illness. As a team member of MELISA Diagnostics, www.melisa.org, I have been conducting research into a link between mercury and scoliosis, an abnormal sideways curvature of the spine.

During the 1970's I was employed by a dentist as a practice manager and "dental nurse" for three years. I spent many hours each day mixing amalgam fillings in a rubber finger stall, exposing myself to mercury vapour from the action of rubbing silver alloy and mercury together. I had no personal protection equipment, gloves or hazardous materials mask, and there was no ventilation system to cleanse the mercury from the air I breathed. So, my daughter was exposed to mercury in utero while I worked in the dental clinic, and subsequently she developed a neural tube defect and scoliosis.

At seventeen years of age, she underwent major spinal surgery to correct her curvature, which involved the removal of six intervertebral discs, a rib, and the placement of a titanium rod in her spine. This caused many problems, as the spine is designed to be flexible, not rigid. The psychological impact was also huge, because she lived with restricted movement and physical limitations.

My daughter's experience made me determined to research the possible causes of scoliosis and to



Katie Dutton's spinal x-ray at age 14 showing scoliosis.
Katie is Rebecca Dutton's daughter

investigate alternative treatments to hopefully prevent the need for such surgery.

As a result of my research, in 2008 I was asked to set up the website, www.understandingscoliosis.org with the former Culture Correspondent, Madeleine Holt, of BBC Newsnight. On the site, our aim has been to encourage people to investigate alternatives to surgery for spinal curvature, and to examine the possible causes of scoliosis. Madeleine developed scoliosis as a teenager, although she never had spinal rods inserted. After removing all heavy metals from her DNA and intracellular pathways, she is now completely pain free.

Scoliosis surgery has never been proven to eliminate spinal curvature, reduce pain, improve lung function or correct the deformity of the ribs and torso. The rate of complications may be higher than reported, as may the long-term

risks. Despite these facts, there is little or no interest in the orthopaedic community in finding methods of scoliosis treatment that do not involve scoliosis bracing or surgery.

I believe that there is a link between mercury and scoliosis, with scoliosis often occurring as the 'initial insult,' and I have written a hypothesis on the connection. This was spurred partly by my observation that a pattern was emerging: many patients who contacted me with mercury sensitivity or toxicity also had scoliosis.

In 2008, I contacted Professor Vera Stejskal, Associate Professor of Immunology, University of Stockholm, Sweden, and inventor of the MELISA test, to ask if we could conduct a research study to see if mercury may be implicated in the development of scoliosis. She very kindly offered to put a questionnaire on my website. This was pioneering research, and it was not yet endorsed by the medical profession. I conducted my research over a 10-year period, the results of which are in my presentation. See the link to it below.

In 2018, Dr Shideh Pouria, consultant Nephrologist, asked me to present in London at a conference called 'Systemic Effects of Metal Exposure in Clinical Practice: Protecting Patients and Optimising Outcomes'.

My presentation there was *Scoliosis, Spinal Surgery and Metal Allergy*. It reviewed my research study on the link between mercury and scoliosis. Here is a link to the presentation:

<https://www.youtube.com/@UnderstandingScoliosis>

-Rebecca Dutton

Why don't more environmentalists fight the dental mercury that's in our teeth?

By Leo Cashman

Environmental activists and environmental groups are up in arms about mercury in the environment and the eventual effects it has on human health. They are sincere and hardworking. True enough, mercury in the environment works its way into the food chain, bioaccumulating as it goes from algae to small fish to larger fish and finally, into the humans and other animals at the top of the food chain, who eat those fish. The mercury in the fish is methyl mercury and it is truly a concern, a reproductive toxin, a carcinogen, a hormone disruptor and more.

But most environmentalists are dismissive of dental mercury as a



source of human mercury exposure. They have learned to think of dental mercury as an insignificant contributor to mercury body burden. They are also dismissive of thimerosal, a very toxic mercury compound that decomposes into ethyl mercury once a vaccine, such as a flu shot, has been injected into a person's body. Some years ago, when I gathered with environmental activists in a coalition called Mercury Free Minnesota, my mercury work with DAMS was met with polite dismissiveness. I began to wonder where the environmentalists were getting their mercury overview from? How did dental mercury get downplayed for them?

They were all getting their mercury orientation from The National Wildlife Federation (NWF). I laid my hands on a 2002 publication of NWF called *Getting Serious About*

Mercury, written by Janelle St Pierre, Sarah O'Brien and Michael Murray, PhD. In its Chapter 1, it describes how mercury gets into the environment, with the main source being industrial emissions, as from inorganic mercury. From there, inorganic mercury from coal burning power plants gets into bacteria, then phytoplankton, then zooplankton, then into forage fish, then into predator fish and then, finally, into humans and fish-eating wildlife like bear and eagles. This is all well and good, but there is no mention of dental mercury as a major source of mercury into the environment and as a direct source of mercury into the bodies of the millions of people who are getting dental amalgam mercury fillings. There is also no mention of mercury in flu shots or other vaccines, being directly injected into the human bodies of millions of people annually.

You can look at its web site today, at NWF.org and see that it is just as dismissive today about mercury in dentistry and in medicine as sources of mercury worth knowing about. In its work to protect "wildlife and people" from mercury and other toxins, NWF appears to me to be part of the dental mercury cover-up and the vaccine mercury cover-up and it makes me wonder if the funding of NWF and its very creation were made as part of the great mercury cover-ups; it certainly has misled a lot of honest environmentalists about the mercury issue and what should be done as a matter of public policy. The low-hanging fruit, in terms of public policy, friends, is to ban mercury in dentistry and to ban mercury in vaccines and other personal care products. But, if NWF has its way, nobody will even think about it, and nobody will take measures to avoid these personal

mercury pitfalls.

And isn't it telling how well funded NWF is and by whom? In 2017, it received \$1.1 million in government grants. ... a reward for its mercury cover-up? It also received massive funding from what looks like the biggest corporate powerhouses. There was major funding from the Alcoa Foundation (aluminum is a toxin in the environment, too, and it ends up being in injected vaccines, and aluminum has a synergy with mercury), Bank of America, General Motors, Gates Family Foundation, and the Robert Wood Johnson Foundation (Johnson & Johnson, big pharma) among others. In the 1998 *Pocket Guide to Environmental Bad Guys* by James Ridgeway and Jeffrey St Clair, the NWF is described as "the largest environmental group on the planet with four million members" and that it had "opened its board of directors to corporate chieftains, including Dean Buntrock of Waste Management and big oil companies including Arco, Chevron and Mobil." The pocket book describes how most of the other big, rich environmental groups have highly paid fatcat executives and board members who are compromised by corporate conflicts of interest. They, too, will use their PR savvy to mislead their activists and supporters on the dental mercury and vaccine mercury issues.

But the big environmental groups do more than mis-educate their rank and file activists; they mis-educate the general public, the millions who support worthwhile environmental causes. This sets up the big media perfectly for doing the same. This is important for understanding the cover-up we need to overcome. ■

Fluoride trial coming in for a showdown

By Leo Cashman

On January 31, 2024, the fluoride trial resumes, in Federal District Court of San Francisco. The days of zoom trials are over and there will be no zoom participation this time. Six of the world's top fluoride scientists will testify, on behalf of the plaintiffs, that water fluoridation is harming children's brains and should be halted. The defendant, the Environmental Protection Agency (EPA) will put forth three of its experts who will argue that water fluoridation is safe and even a clear benefit to children's dental health. One of the three EPA experts is a researcher from Spain who led a study there that found a benefit to the children's IQ in the amount of 23 IQ points. That looks like a whopper of a claim to researchers here who have only seen effects like a tripled rate of ADHD, much higher dental fluorosis (a major harm to teeth) and sharply lower intelligence.

Longest trial ever? the strangest?

The trial started back in June of 2020, making this trial one of the

strangest and most prolonged in history. It was generally expected that Judge Edward Chen would rule based on what he'd heard from lengthy expert testimony but the EPA asked for a delay in that in order for the court to consider a National Toxicology Program (NTP) "state of the science" report on fluoride that was assessing all the latest science. So the trial was put in abeyance. The abeyance dragged on until, finally, in May of 2022 the release of the much-reviewed NTP report appeared to be at hand. But then, oddly, it wasn't released either. A timeline for the abeyance saga looks like this:

* May 18, 2020 the NTP report is finalized and scheduled to be released. But its release was mysteriously stopped without explanation.

* Later in 2022, Michael Connett and other attorneys for the plaintiffs used Freedom of Information Act requests to dig out the truth behind the ongoing strange delay. E-mails revealed that Dr. R. L. Levine, the head of the Public

health Service, of which NTP is a part, had *secretly ordered* that the NTP report to not be released! This appeared to be a secret tactic to quash the usual scientific process and to underhandedly block the federal fluoride trial from resuming!

* January 12, 2023 In a hearing on these matters, Judge Chen heard a motion from EPA that the trial be delayed another six months anyway, but Chen denied that motion and ordered that the trial resume using the May 2022 NTP report version that Dr. Levine had secretly blocked the release of.

* Because of the judge's busy court schedule, the soonest that the final phase of the trials could be scheduled was January 31, 2024. So finally in 2024 we are finally coming up to a scientific showdown. DAMS will tell it like it is and send out a news e-mail report when the outcome is known. Please send your e-mail to us at dams@usfamily.net to ask to be included on the DAMS news e-mail list. ■



This is a phosphate fertilizer plant in Florida on Hillsboro Bay. Its toxic fluoride wastes are captured by air pollutions control equipment to keep them out of the environment. How are the waste products disposed of? We drink it, in the program called water fluoridation, which is really just a fraud and a scam.



This horse was raised on a ranch in Pagosa Springs, Colorado, and it should have been a champion show horse. But its teeth were ruined by dental fluorosis, caused by drinking fluoridated water.

Bioavailable copper is essential and copper deficiency is widespread

By Leo Cashman

Avoiding copper in dental materials

Like iron and calcium, copper can be a challenge to understand because, while essential, it can become a rogue element if it goes awry. In our writing about dental materials, our comments about copper have been mostly negative. We have rightly said that copper is one of the toxic elements in amalgam fillings. We have correctly said that when it is mixed in with palladium and silver in “white gold” crowns, copper is one of the cheap toxic elements that make the white gold a very bad choice. White gold is junk to be avoided and the palladium in it is also very toxic and quite awful.

John D MacArthur’s reporting sounded the alarm about copper

In 2010, a study reported finding excessive levels of iron and copper in regions of the brain associated with neurodegenerative disorders and they were linked to DNA strand breaks in the aging brain regions. Elevated copper and iron are suspected as causing neuronal cell death as seen in Alzheimer’s disease, Parkinson’s disease and other such disorders. A 2021 article by fluoride researcher John D. MacArthur in the Townsend Letter raised many questions about copper as an environmental toxin. As with fluoride, copper is a major urban and industrial pollutant. One of the most significant sources of environmental pollution is brake pads which can contain as much as 25% copper; in 2003 almost half a million pounds of copper from such sources went into San Francisco Bay.

Boyd Haley put the finger on copper and iron free radicals caused by mercury

But there is another cause of copper and iron poisoning that is also widespread: amalgam fillings. We have repeatedly heard about this from biochemist Boyd Haley, PhD. He correctly says amalgams are a significant source of mercury and mercury causes its mischief in part by knocking copper and iron atoms off of their binding sites on proteins, replacing them. These free radicals of copper and iron then generate a large amount of “reactive oxygen species” (ROS) which cause damage to the cells in the brain and elsewhere in the body. The conclusion is that widespread use of mercury amalgam fillings in dentistry generates significant toxicity of copper and iron, with dire health consequences.

So, true enough, copper has a long rap sheet. With such a long rap sheet, it might be understandable that health seekers would simply want to avoid copper, and perhaps even iron, and focus on building up stores of zinc, which is antagonistic to copper, and magnesium, which helps fight off some of the harmful brain effects of mercury.

But, still, copper is an essential trace mineral and that should be figured in. In recent years there has been a new-found recognition that copper is an important essential trace mineral. We need sources of bioavailable copper, which is to say we need copper in a form that is usable in the body. We also need to eliminate the supplements that will tend to inadvertently block the absorption of copper.

How copper is pivotal for health

Copper and iron are interconnected in a copper-iron system and adequate copper is needed to assure

that iron functions properly. Copper is needed to assure that iron will not build up in a toxic overload in the liver, spleen and other vital organs. If bioavailable copper and key copper enzymes are deficient, iron will be lacking where it is needed, namely in the hemoglobin of the red blood cells.

Further, copper plays a key role in using oxygen in our cells to produce energy, and it allows that to happen cleanly, without oxidative stress. Copper is vital for the production of other important metabolites in the body such as the hormone melatonin, cholesterol, many key enzymes and the methylation process. The person who has excessive levels of unbound copper may still be lacking in bioavailable copper that is needed for overall mineral balance and for making energy cleanly – without oxidative stress - at the cellular level.

The problem becomes critical with aging because deficiency in bioavailable copper becomes widespread as people age. This results in a lack of energy production, i.e. fatigue, excessive oxidative stress, iron overload, imbalances with other minerals, and a lack of important copper-dependent enzymes.

Morley Robbins, an advocate for bioavailable copper

In order to deal with complexities of copper and health, Morley Robbins, and American researcher-writer, has taken on the job of guiding us on what to do to obtain the kind of copper that is crucially needed for health. His web site and his book describe how to avoid the common mistakes that are commonly made that throw mineral balance off track, and how to phase in the health-



Morley Robbins

giving foods and supplements; he favors an emphasis getting nutrients from organic, whole, natural foods as much as possible.

Robbins has been independently researching copper and its related biology in scientific journals for over a decade. He has charted out a fairly detailed guidance plan called “the Root Cause Protocol” (RCP) that people can follow; it tells how to shed the mistakes that get in the way, and then how to gradually phase in the whole foods plus a few supplements that put people on track for adequate bioavailable copper. It thus becomes a road-map to overall mineral, hormonal and metabolic balance – better health.

What does the RCP start with?

In starting out, a person is coached on how to stop making mistakes that block the uptake of needed copper or that make the imbalances worse. Some of the things of this list will likely come as a surprise, but there are explanations for all of them. Here is a quick rundown of the “STOPS.” Stop all iron supplementation, stop taking a vitamin D supplement, stop supplementing with calcium, zinc, molybdenum, synthetic B vitamins and even stop taking vitamin C in the usual ascorbic acid or ascorbate forms. Yes, we need all of these minerals and vitamins in the right way and from the right source, but in the way that they are usually taken, they make the copper problem worse, and cause a whole host of unintended adverse effects.

Following up with the STARTS

As for the list of things to phase in, he lists them in a preferred order, with starting each of them one at a time, evaluating the effects. In brief the list looks like this: First, a “cocktail” of three things: a potassium source along with sea salt or trace minerals, and a whole food vitamin c complex. Next, take a separately taken whole food vitamin C such as camu camu or acerola berries. Next, add in magnesium, another crucial mineral that people are likely to be low in. Next, start grass-fed organic beef liver, which is an excellent source of copper, choline, retinol (animal source vitamin A) and B vitamins. Next, add organic whole foods, and then a whole food source of B vitamins, such as nutritional yeast. Then start vitamin E from a whole food source such as red palm oil. Following that, add boron, an important trace mineral. Next add a high-quality cod liver oil; it will be a food source of retinol - pre-formed vitamin A – and vitamin D. Then start taking diatomaceous earth, food grade, to get the silica we need, so as to bind excess aluminum. And finally, phase in iodine, in moderation, from a natural food source such as kelp. There are many more RCP details than can be given here, so we urge going to the web site for details.

The protocol suggests best high quality sources of the whole food sources of the vitamins, and the best sources for the few supplements that would be taken, magnesium and boron.

This a flexible program that should be individualized. For example, if someone can't get grass fed organic beef liver or doesn't want it, other sources of the copper can be considered. Sovereign Copper is a well-absorbed liquid supplement

made by Natural Immunogenics, 888-328-8848. It is preferable to a copper sulfate supplement and is increasingly being sold at health food stores.

A holistic view of health

The Root Cause Protocol takes a holistic view of a person's health and sees, for example, the importance of avoiding toxins (fluoride, mercury and many others), toxic non-native EMFs, and excessive stress. Stress alone can deplete magnesium rapidly, and throw mineral and hormonal balance off. We can all resonate with that. Could toxic dentistry, unsafe vaccines, vaccine mandates and unnecessary covid lockdowns be on the list of stressors? Of course, yes.

A melding of ideas is needed

We need a melding together of the Root Cause Protocol (RCP) with what we have already known about toxic metals and detox. RCP offers in depth understanding of copper and the copper – iron system. The biological dental movement has the protocols and methods for safe amalgam removal and mercury detox. The RCP should also be helpful for fluoride detox, knowing the havoc that fluoride brings. The RCP should be helpful for the EMF sensitive person recovering from excessive EMF exposure (cell phone, Wi-Fi, cell towers, 5G poles) and the mineral, hormonal and other imbalances caused by that. With copper deficiency being a cause for so many imbalances, the RCP should be used for what it has to offer.

The web site for more about RCP is: TheRootCauseProtocol.com. It has many detailed explanations and it is updated by Morley Robbins from time to time. ■

Oxalates are toxins that are naturally found in many supposedly healthy plant foods

By Leo Cashman

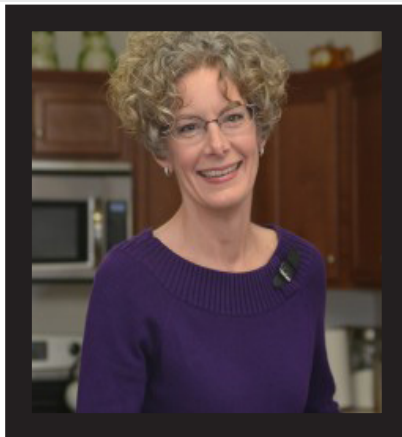
Oxalates naturally occurring at high levels in spinach, chard, almonds, turmeric and other much-touted superfoods, can give you so many symptoms that you might think you're looking at the list of mercury toxicity symptoms. The kidneys are hard hit and they are a leading cause of kidney stones. Oxalate buildup can harm thyroid function, bones, connective tissue, and the digestive tract. Brain effects can range from brain fog to MS, Parkinson's and Alzheimer's. With oxalate buildup in the kidneys, kidney function is impaired and then they then are less able to clear oxalates causing the problem to get worse in a vicious circle. Mercury and fluoride will obviously become harder to clear and so will accumulate more too.

Vegetarians typically at high risk

It is ironic that some of the worst cases of oxalate poisoning will be found among health-conscious vegetarians and vegans; they may have come to expect that the healthiest foods include spinach, almonds, turmeric, curry and black beans but these supposedly good natural foods are "the worst offenders" says Sally Norton, a leading researcher on the oxalate problem.

How much can we easily handle?

When consumed at a low level, 25 mg per day, our kidneys can clear out that level of oxalate exposure. But a half cup of boiled spinach delivers 450 mg of oxalates and such a load, especially when repeated again and again, can be an unmanageable burden that can spill over into kidney problems, kidney stones, joint pain, gritty eyes, cataracts and other symptoms that result from oxalate buildup.



Sally Norton's 2022 book **Toxic Superfoods** is an authoritative discussion that provides the basic biology of oxalates. It shows pictures of sharp little calcium oxalate crystals can form like little daggers causing pain in the kidneys, the joints, the thyroid and even the genitals. She provides case reports of clients that she has helped unravel the oxalate poisoning symptoms that physicians and nutritionists may have overlooked. Once her book has covered the science of how oxalates accumulate and the symptoms they can cause, she coaches the reader about what can be done to transition one's diet with a gradual phasing out of high oxalate foods, first going into a *moderate* oxalate diet and then finally into a *low* oxalate diet that is the long term ideal. By phasing out the oxalates gradually, she helps her client avoid an oxalate detox "crash" that could be quite unpleasant to deal with.

Implications for detoxification

Information in her book and on her web site should be helpful for anyone working any other toxic detox, be it a detox from mercury, fluoride, spike protein, glyphosate (from Roundup) or something else. Any detox program should work better when the patient has planned out a lower oxalate diet and, if necessary,

an oxalate "clearing." All food and dietary programs should include consideration of the oxalates in common plant foods and should reflect an awareness of the need to hold oxalates down to an acceptable level.

SallyKNorton.com

This is her web site and it gives ample detail on the whole oxalate problem: why nature puts oxalates naturally into some foods, how they can hurt the animal eating them and cause pain and misery and how, thus informed, we can choose our foods more carefully. Her book (picture below) is a more in-depth resource, giving the back story of published oxalate studies and for case reports, some dramatic, of oxalate poisoning. It gives much guidance on oxalate levels in foods and tells how, armed with this knowledge, we can all escape oxalate toxicity. ■



Covid shots? “Just say no” was the best policy and it still is

By Leo Cashman

Some DAMS members took covid shots and many came to regret it

Our impression is that most DAMS members and supporters mis-trusted Tony Fauci – CDC advice on covid. We were wary of the heavy media promotion of the covid shots. But still, the pressures to take the covid jab were unrelenting, especially for the elderly who were described as being in great danger from covid infections and doomed to die unless they took the covid shots. The pressure upon them usually came directly from their adult children – themselves middle aged – who had taken the jab and wanted their supposedly at-risk parents to do the same. So some of our elderly DAMS members did finally yield and took the shots; a majority of them came to sorely regret taking them, suffering severe adverse effects that hung on for months. Here are some tidbits that we collected:

An elderly DAMS woman got her shots and then developed wobbly legs, had difficulty walking, and developed neurological systems resembling Guillain Barre syndrome. Another elderly woman had a sore shoulder and arm, and felt unwell for months after taking the shot. Another wrote that she had taken the covid shot and “almost died from it.” An elderly man that we have known for decades said he and his wife reluctantly both got the shots and then greatly regretted it. They had been pressured by the senior living complex they lived in. The wife has died recently, leaving us to wonder if the shot helped lead to that.

All six people on the DAMS board of directors refused to take covid shots and all got through it just fine, although one board member came

down with covid and she and her husband had to fight it off for a few weeks.

Cause Unknown: The Epidemic of Sudden Deaths in 2021 and 2022, by Edward Dowd

This book has many pictures showing healthy young people – athletes, medical practitioners, children – who died suddenly, usually the athletic field or while asleep. Such an “epidemic” but that, as Dowd’s book so graphically shows, it did happen and it only what emerged in 2021 after covid shots were rolled out.



Ed Dowd, above, an economic data analyst, also shows statistics from the US government’s VAERS (vaccine adverse event reporting) database showing a spike in the deaths due to vaccines. In those years, 2021 and 2022, there were more adverse reactions and deaths reported to VAERS for covid vaccines than there were reported for all other vaccines combined, over the previous 32 years.

Furthermore, the 35,000 deaths reported reported under the VAERS system is a vast under-reporting of what actually occurred because because fewer than one per-cent of vaccine adverse events ever get reported to VAERS. So the real number of deaths in the US was more

like 3.5 million - it was a catastrophe. The claims of covid shot safety made by Dr. Tony Fauci, the CDC and the complicit media was a very harmful deception. “Epidemics” of deaths due to covid shots also occurred in Canada, Australia and Britain, and Dowd shows the data there also. Even children were lost to covid shot injuries and deaths, as misled parents presented their children for the shots, not realizing that a healthy child has no risk from covid.

Edward Dowd’s book give us convincing data on the havoc wreaked by covid shots and also shows the pictures and stories that drive the point home. He is a national hero.

The view of covid shot harm from a pathology lab

Dr. Ryan Cole, MD, PhD has a pathology laboratory, Cole Diagnostics, in Boise Idaho, that has allowed him to have an especially clear view of the abnormalities that can develop from the patterns seen on blood reports of patients who got the covid shots.



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Just Say "no" was the best policy

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Early on after the roll-out, the elderly showed signs of having lost their "immune memory" due to a loss of the T-cells that keep viruses and cancers in check. Natural Killer cells, macrophages, monocytes and dendritic cells started decreasing in numbers and, with that, there was an uptick in cancers of the uterus and endometrial cancers. Then Dr. Cole began to see melanomas. After the boosters rolled out, he saw five aggressive brain cancers in one month. Further, patients whose cancers had been in remission for three, four, five years, would have stage 4 cancer appear, spreading "like wildfire." Dr Cole says that it is the persistent spike protein and the persistent mRNA that are suppressing the immune system and causing the aggressive cancers to appear. Dr Ryan Cole also says he has also seen thick, long rubbery clots in arteries as well as veins in the post postmortems. More on Dr Cole's findings, are at www.RcoleMD.com.

The view from examining data on total deaths



Professor Denis Rancourt PhD, above, was formerly a professor of physics at the University of Ottawa. A research team he headed analyzed all-cause mortality in the covid years, 2020, 2021, 2022 in all countries. Statistics on actual deaths and

mortality rates are the most reliable and accurate statistics that reflect major health events in a country. Here are some key findings:

* Data from half way through 2020, was that there was no detectable covid pandemic, as far as elevated deaths were concerned...There was no public health reason to develop and deploy vaccines....The supposed viral contagion was not the killer it was claimed to be, and the alleged covid hotspots of Kirkland, WA, Wuhan China, New York City and Milan, Italy were local reflections of bad medical practices, and not of the spread of a world-wide pandemic...Vicious new protocols killed in hotspots that applied those protocols in the first months of the pandemic... If there had been no public health propaganda or coercion, there would not have been any excess mortality [during any of the covid years.] The countermeasures" to covid that caused a notable excess mortality and, particularly, it was the shots."

* In India the covid shots caused deaths of 3.7 million people.

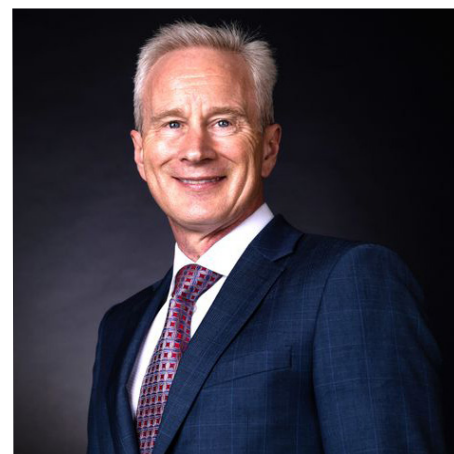
* In Western countries, an all-age death rate was one death for every 2000 injections, but the death rate per injection increased dramatically with age until reaching one death per every 100 injections for those 80 years or older.

* "We estimate that the [covid] vaccines killed 13 million worldwide."

Some doctors we can look to

Physicians such as Meryl Nass, Pierre Kory, Paul Marik and Peter McCullough have emerged to shed light on what has been happening and give a true medical perspective. Peter McCullough, MD, MPH, is an internist, cardiologist and epidemiologist. In 2020 he rose to prominence by advocating for early intervention for those coming down with

a covid infection. Early treatment may be only a matter of common sense but public health authorities wanted the public to think that no early medical treatments were available and the patient had to wait at home until becoming dangerously ill and then rushed to the hospital. Once there, often only harmful CDC authorized treatments were allowed and repurposed drugs such as hydroxychloroquine and ivermectin were forbidden.



Dr. McCullough, above, fought what he called the prevailing public health myths such as:

* Prior to a vaccine, the covid virus was extremely dangerous and unstoppable.

* Only the covid vaccine could save us from the ravages of covid.

* Once the covid vaccines came out in late 2020 and early 2021, the damage cause by the covid shots should all be blamed on covid infections themselves and, with that, blame for infections was largely directed at the unvaccinated.

Dr. McCullough countered those myths, pointing out that that the covid shots themselves were failures, as they did not prevent covid spread, hospitalizations or deaths. The 25 or 30% who were unvaccinated were wise to have rejected the shots and deserved no blame at all.

Describing what covid shots did

Dr McCullough said that covid shots caused several serious problems:

- * Cardiovascular problems, including a stunning increase in cardiac arrests in young people.
- * Neurological issues, with a notable increase in strokes, both the clotting kind and the bleeding kind.
- * Blood clots "like were never seen before."
- * Abnormalities in the immune system, as seen in auto immune disorders and in the "turbo-cancers," namely cancers that show up at an unusually young age of below 50, and which are already in an advanced stage when diagnosed and which go on to kill the patient within a year.

**McCullough: Covid shots
fell into three groups**

Why have so many people taken the

covid shots and remain unharmed?

Dr McCullough says that people who got the covid shots fall into three groups:

- * About 30% of the covid shots had no effect, not even a sore arm. If you experienced that, you are one of the lucky ones: it was perhaps a saline solution and it did no harm and it created an impression of safety.
- * About two-thirds of the people had moderate side effects but "they don't really have serious events."
- * About 4.2% of those getting the shots had sides effects "through the roof." They suffered cardiac arrests, strokes, blood clots and other disabilities. "They had to go to the hospital and be treated or be hospitalized." So if you were given a covid shot before and suffered no harm, take warning: you may not be in the same lucky group next time.

Halt the mRNA shots and let the covid shot patients detoxify

McCullough agrees with the World Council for Health which has called for the removal of all of the mRNA vaccines. As for the recovery for the shot victims, McCullough describes a "Base Pike Protein Detoxification Program" that makes use of three agents: bromelain, nattokinase and curcumin. They are all food-derived and more natural and safe than drugs would be, but they should be administered under the care of a physician lab monitoring to assess the treatment regimen which may take from three months to a year. Patients should be monitored for bleeding complications. Formal clinical trials of the detox program should be conducted, he says.

More on this can be found at his web site: PeterMcCulloughMD.com. ■

DNA contamination found in Pfizer and Moderna mRNA shots

By Leo Cashman

Microbiologist Kevin McKernan, chief scientific officer and founder of Medicinal Genomics, former team leader and researcher for the Human Genome Project at MIT, published findings of DNA contamination in Pfizer and Moderna bivalent Covid-19 booster shots in April 2023. What does this mean? Since there is a decade long body of peer reviewed science showing that both mRNA fragments and DNA fragments can regulate the expression of genes, as well as enter and combine with our human genomic DNA, these potential contaminants leave us asking

what can happen when the mRNA or the plasmid contaminant DNA pieces get into our genetic ancestral line.

Although the FDA and the CDC were notified of the potential discovery as early as last April, the FDA and the CDC have not, as of December 2023, provided any response or guidance to the public regarding this finding. Further, the public is still being urged to take mRNA vaccines and regulators and the mainstream media have made no effort to investigate the matter.

By October 3, 2023, several other researchers in other states and

one in Japan had independently confirmed McKernan's findings of DNA contamination in the mRNA shots of Pfizer and Moderna. Health Canada, which is the counterpart to the FDA in the US, said in an e-mail to the Epoch Times "Health Canada has confirmed the presence of a Simian Virus 40 (SV40) DNA sequence in the Pfizer COVID-19 vaccine, which the manufacturer had not previously disclosed. There is debate among scientists with regards to the significance of the finding, with some saying the DNA sequence has the potential to cause cancer, and others saying it poses little to no threat. Health Canada expects sponsors to identify any biologically functional DNA sequences within a plasmid (such as an SV40 enhancer) at the time of submission."



Kevin McKernan

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Just Say "no" was the best policy

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Phillip Buckhaults

University of South Carolina Professor Dr. Phillip Buckhaults

He has PhDs, in both biochemistry and molecular biology. Buckhaults confirmed the contamination problem in testimony before a South Carolina Senate Committee, saying: "We should check a bunch of vaccinated people to see if plasmid DNA has integrated into their genomic DNA. We [you] should insist that the US FDA force Pfizer to get the DNA out of the booster and all future mRNA based vaccines." Buckhaults further stated "The Pfizer mRNA vaccine is contaminated with the plasmid DNA

vector that was used as the template for in vitro transcription reaction. This DNA could be the cause of some of the rare but serious side effects like death from cardiac arrest. The DNA can and likely will integrate into the genomes of transfected cells. There is a very real hazard for genomic modification of long-lived somatic cells, which could cause sustained autoimmune attack toward that tissue. There is also theoretical risk of future cancer, depending on the piece of DNA and the site of integration."

Search for truth. FDA and CDC have long assured the public that there can be no integration of this mRNA or DNA into a person's genome. However, one major study in mice disproved that claim by showing that such vaccine mRNA can be taken up into the cell's nucleus and can be taken up into the recipient's genome and passed down to future generations.

Researchers are left to ask what can happen when the mRNA or the plasmid contaminant DNA pieces get into a person's sperm or eggs and the cells combine to form new life. If a sperm or an egg has been genetically altered, the offspring, if it survives, can inherit a genetic code

made up of not only the parent's DNA but also something non-human such as parts of an mRNA or pieces of plasmid DNA that were carried along inside a mRNA shot.

Testing the genome now on various people.

As to whether some of that DNA and SV40 contaminant in the Pfizer and Moderna vaccines as well as the Johnson and Johnson, has been integrated into the DNA of people, scientists are testing human genomes to find out. They are sequencing the genome of about 30 people of different backgrounds - some who have received the various mRNA shots and boosters, and some who have not. All of humanity should then largely know whether and how much the human genome has been altered both in the ordinary cells of the body and in the reproductive cells, the sperm and the egg. Results are anticipated in coming months. Some may find out that they are carrying genes derived not just from their parents but also from what an mRNA shot delivered. Impacts could be very far reaching with implications for future generations. ■

Dental local anesthetic showed no spike-making mRNA or SV40 fragment contamination, a lab reports

An American biological dentist sent five vials of a commonly used dental local anesthetic to Medical Genomics for testing for possible DNA and RNA contaminants. The chief scientific officer at that lab is Kevin McKernan, the scientist who discovered the RNA and plasmid DNA contaminants in the Pfizer and Moderna covid shots. The anesthetic tested was Articaine

Hydrochloride 4% with epinephrine 1:200,000. The lab tested each of the vials for the possible contaminants: 1) spike protein-making mRNA as would be found in Pfizer, Moderna or Janssen covid shots, and 2) the SV40 fragment contaminant as has been found by McKernan and others in the Pfizer covid shots.

Both qPCR and RT-qPCR testing methods were used on each of the

five vials. The samples were tested up to 35 control cycles, which is the highest level of sensitivity that could be used without giving results that would be "indeterminate."

The results: there were "no detectable vaccine-derived RNA or DNA present" in any of the anesthetic vials that were tested. ■

Who has better outcomes, the vaxxed or the unvaxxed? What studies say

By Leo Cashman

A 2023 book presents the scientific studies that address some basic questions. Are vaccines effective for preventing the infections that they are claimed to prevent? And are they as safe as usually claimed? The book ***Vaxxed-Unvaxxed***, Robert F Kennedy JR and Brian Hooker, PhD, covers what studies have found.

CDC, our supposed watchdog

The Center for Disease Control (CDC) has never done a major study comparing the health status of vaccinated children with the health status of unvaccinated children. If the CDC is confident that its long list of recommended childhood vaccinations is very beneficial to children, it would conduct a large study proving that. The limited studies done by independent researchers suggest that vaccinations, as a whole, carry more risk than benefit and the authors give plenty of evidence for that. Many of the health problems that afflict children, such as allergy, ADHD, autism and learning disabilities are significantly higher in vaccinated children than in the unvaccinated ones. Children who have received all of the scheduled vaccines had a much higher rate of pneumonia and ear infections, than the unvaccinated did. A study done by Brian Hooker and Neil Miller found an incidence of ear infections and developmental delays to be more than twice as high in the vaccinated children and their incidence of asthma was more than four times as high.

The use of mercury, as thimerosal, in vaccines

Thimerosal, a very toxic mercury compound used in vaccines, was given scrutiny. The CDC kept secret studies that show that exposure to thimerosal in the first month of life

from Hepatitis B shots caused a 7.6-fold increase in autism, a five-fold increase in sleep disorders, and a doubling of neurodevelopmental disorders and speech disorders.

The measles, mumps and rubella (MMR) vaccine

Studies have shown that the MMR vaccine has also been a culprit in causing autism, especially in boys. The CDC kept some shocking results secret; African American boys vaccinated with the MMR vaccine *prior to* the age of 36 months had an autism rate that was 3.86 times higher than it was for those who had the MMR vaccination *after* the age of 36 months. The data comparisons for *all* children is similar, but not quite as extreme; for *all* children, the ones getting the MMR shots *before* age of 36 months age had autism at a rate that was 2.52 times as much as those getting the MMR shots after the age of 36 months. These study results were published by Brian Hooker.

The polio vaccine

Polio vaccine caused an increased risk of Crohn's disease and ulcerative colitis compared to children who did not get the polio vaccines.

Gulf War Syndrome

The gulf war syndrome consists of a cluster of symptoms: respiratory, gastrointestinal, dermatological, musculoskeletal, and neurological symptoms that occurred in troop serving in the Persian gulf war. Studies reveal that it was clearly by the *vaccination* of the veterans who were sent over to serve in the Persian Gulf War. The illness was five times higher in veterans who had more than five vaccines as compared to those who had had none at all.

Other shots A study by Miller found that children vaccinated with the **Pandemrix H1F1** flu shot were more than 16 times as likely to develop narcolepsy, which is an autoimmune disease in which a person tends to fall asleep at inappropriate times. Narcolepsy is serious, chronic and potential debilitating. The N1F1 flu shot is also strongly linked to Guillain-Barre Syndrome and acute respiratory infection. The DTP shots administered to children in Africa caused a ten-fold increase in mortality in girls and a five-fold increase in boys, according to various studies on children in villages there. The DTP vaccine was a problematic in many respects. Many children in Africa and India suffered or died while serving as "lab rats" for various vaccines. The hepatitis B vaccine, often administered on the first day of life, has caused an assortment of vaccine injuries and deaths, with the deaths being camouflaged as "sudden infant death syndrome (SIDS)"



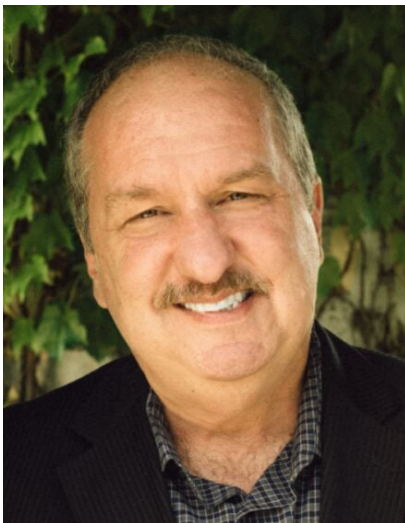
Robert F Kennedy Jr.

Covid shots

Vaxxed vs Unvaxxed, reviewed

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Chapter 10 looks at scientific findings on Covid-19 shots showing that they were not effective in preventing covid infection or covid transmission, and that they were not safe. Covid shots caused a marked increase in Bell's Palsy (a neurological disorder), myocarditis (inflammation of the heart muscle) especially in young males, and cerebral blood clots. Shingles was sharply increased. The odds of death, hospitalization and life-threatening reactions were all increased more than 40-fold compared to the not-very-safe flu vaccines. As discussed elsewhere here, the covid shot program was by far the most harmful vaccination program in history.



Brian Hooker, PhD

Shots for pregnant women

In recent decades, pregnant women have been heavily pressured to get a flu shot and, during the covid years, pregnant women were also heavily pressured to get covid shots, even though no pregnant women were included in the covid

shot safety trials. How did that go? The odds of miscarriage and "fetal-loss" were increased eleven-fold! Covid shots during pregnancy sharply increased post-partum hemorrhage and gestational diabetes. They vastly increased fertility problems. The flu shots have usually contained thimerosal, the toxic mercury compound, and it will pass into the unborn fetus. Thimerosal alone almost doubles the incidence of autism in the baby that is delivered. Flu vaccines administered both *prior to* conception and *during* pregnancy are also associated with fetal loss, i.e., miscarriages.

Final thoughts This short review gives only a sampling of the information in this book. If you read the book itself, you will see that all of the studies cited here and in the book are fully referenced.

This book should be read by all health educators, all health journalists and by all who are in the health professions. Parents of young children and couples who expect to be having children really need to know what is in this book. The book should also be helpful to anyone still feeling pressured to get covid shots or any other shots. Media messages have largely promoted the vaccinations without revealing the harmful outcomes that are all too likely to occur. ■

Wireless power grab blitz is on

By Leo Cashman

America is already far too microwaved. It is happening in our houses, our schools, our libraries, and in our shopping malls and it is becoming too hard to escape. The problem eludes our attention, because wireless communication has become the norm, the modern enlightened way. It is viewed as "progress," doing away with cords and wires. So we have, ever-present, cell phones, cordless phones, Wi-Fi, smart meters, cell towers and cell antennas on roof tops. 5G poles, only about 28 feet high, are popping up in most larger cities, and they are radiating large intensities of lower band frequencies as well as the millimeter wave frequencies that will provide a signal to a person using one of the much-hyped, but dangerous, 5G smart phones.

The wired approach is far superior

The corded phone is healthier and safer, more reliable, more private and secure; the ethernet connection, a cable running between a router and the computer, is similarly superior to the Wi-Fi internet connection. "Wireless" means that the microwaved communication is going, uncontained, through the air, hitting your body, your brain and putting you in harm's way. The wired and cabled connections are avoiding that; they keep the energy flow contained so the radiation doesn't hit humans, animals and other living things.

The health issues are serious

At a time when depression is rampant and Alzheimer's disease is the fastest rising cause of death, science tells us that microwave radiation causes damage to the hippocampus, impairment of cognitive function and memory. At a time when heart attacks, cancer and strokes remain as leading causes of death, science shows that microwaves quickly cause clumping of red blood cells, thus impairing oxygen delivery and setting a person up for those leading causes of death. Microwave radiation impairs our mitochondrial function and

weakens immune function. They cause sperm damage and lowered sperm count. All of the public health agencies, FDA, CDC, EPA are failing to protect us from these public health threats. Now we learn that bad bills in Congress aim to make this radiation exposure even harder to get away from.

Big wireless power grab

An assortment of bad bills from big wireless have been introduced into the US Congress. In response, the microwave-injured activists have been mobilized and have been getting messages in to their Congress members in recent months; mainstream media has not alerted the public to the bad bills. But often it has put out spin about how wonderful the 5G buildout will make our lives become. This goes with TV ads incessantly touting 5G smart phones – which are as expensive as they are dangerous.

HR 3557 leads the way in the bad bills. The nice-sounding spin says it aims to “remove barriers to broadband connectivity” and to “bridge the digital divide.” This is false; what it will really do is strong-arm towns and cities into approving all of the antenna siting permits that come to them, leaving them with no practical way to deny them.

Background

Up to now sometimes towns and cities have listened to the EMF-injured activists, informed experts and honest non-profits and have adopted local zoning ordinances to curb the siting of those antenna facilities. The Telecommunications Act of 1996 actually *does* allow local governments the ability to approve or deny antenna permit applications in various ways. For example, under the TCA a local ordinance may require the permit applicant to show a “gap in cell-phone coverage.” HR 3557 stops that and prohibits the other things that good local

ordinances have made use of to deny an antenna permit application. In fact, HR 3557, if enacted, effectively removes the ability of a local government to deny an antenna permit at all; it isn’t being sold that way, but that’s what its provisions will do. Consider these provisions:

Key provisions of HR 3557

* Towns and cities would be, in effect, forced to approve the permits, and to do it within a 60-day timeline. If the town doesn’t act within that rush-rush deadline, the antenna permit would be “deemed granted” and would be built without any locally granted permit.

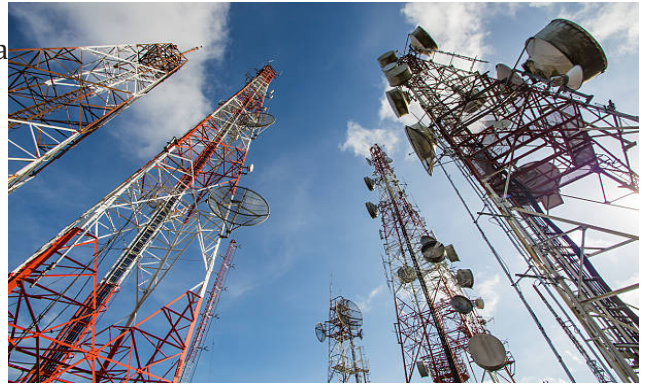
* The permit applicant would no longer be required to show a “gap” in cell phone coverage in order to have the permit application granted. Further, a large number of antenna applications could be bundled into a single permit application.

* The Federal Communications Commission (FCC), which we know is captured by the wireless industry, is given the authority to invalidate local government ordinances and legislation.

* Local governments are prevented from granting permission for building cable networks; this would shut off plans to build locally owned, wired network that would serve the community better.

* Once an antenna facility application is granted, it remains forever - the permit never expires.

* The National Environmental Protection Act (NEPA) requires an environmental review of projects that may harm the environment, but 3557 declares that NEPA is not applicable to any antenna permitting proposal; and neither would historic preservation reviews or Indian tribal reviews be.



* In cahoots with this bill, one of the other bad bills, HR 3293, would expedite the authorization of microwave antenna facilities in national forests and on other federal lands, trampling on their natural beauty.

* HR 3557 itself intrudes on the constitutional rights - and duties - of local and state governments to protect the well-being of their people, to protect property and to shape economic development locally.

* HR 3557 favors one part of the telecom industry – the wireless - over its competition, such as fiber broadband. Pushing such commercial favoritism into law is corrupt and is the antithesis of free enterprise.

What we are doing

Call, zoom or meet in person with our member of Congress and your US Senators to alert them to the menace that HR 3557 and related bad bills would cause to health, property values and local communities. The US Conference of Mayors, the National Association of Counties and the National League of Cities have all adopted resolutions opposing HR 3557, so we are reinforcing their messages. For help in connecting with your members of Congress on this, go to the web site **TheNationalCall.org** and click on the non-profit links given there for help in sending a message to your member of Congress.

Dr. Douglas Cook, DDS dies at 92

By Leo Cashman

Douglas Cook, a well known holistic dentist who practiced in a rural northeastern Wisconsin died on June 16, 2023. He was 92.

Doctor Cook had his own style of holistic dentistry, gathered from what he learned at dental conferences and on what he learned from his many years of experience as a holistic dentist. His 2009 book *Rescued by my Dentist, New Solutions for a Health Crisis*, told of what he regarded as the key practices and best thinking



about holistic dentistry. One key practice was the use of computerized electrodermal screening, CEDS, to evaluate what was going on with the patient in terms of dental issues such as dead teeth. He relied on CEDS for vitality testing (is the tooth dead or still alive) and for evaluating the biocompatibility of dental materials for any particular patient. He considered CEDS to be superior to the blood serum tests for testing materials for biocompatibility. Guided by years of such testing he used a small selection of dental materials that he had generally found to be safe and biocompatible. As a result of his focus on safety, his office became a magnet for cancer patients and those with environmental illness and multiple chemical sensitivity. Patients came from all around the Midwest

and all around the country. His son, Flint Cook operated a dental lab, Cook Dental Lab, close by, so Dr. Cook had a quick turnaround time and knew he would have the desired materials.

Some of the key tenets of Dr. Cook included avoiding pitfalls such as:

1) The use of mercury amalgam fillings. Dr. Cook knew of the problems with mercury well; he himself had had 37 amalgam fillings placed in his teeth as a child, causing the usual mercury health problems.

2) Root canal treatments of teeth; Dr. Cook was adamantly opposed to root canal treatments.

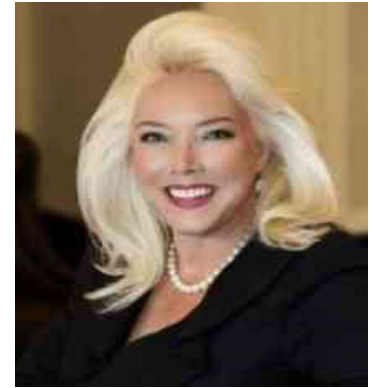
3) High speed drilling. He stopped doing high speed drilling in 1987 after learning about the harm it does. Defined as drilling above 20,000 RPM, high speed drilling may cause teeth to die and thus lead to either root canal treatment or extractions.

4) Jawbone cavitations, the toxic dead zones in the jawbone. They are most often triggered by root canal treatments of teeth or by improper extraction of teeth.

In the most recent years of his being in practice, he had not been able to keep using CEDS, because the state dental board had forbidden its use. This was very regrettable. Another regret was that, although he had searched to find another holistic dentist to buy out his practice he was unable to find a successor to carry on in that location. So, with his retirement, the legendary Cook dental clinic was closed. The Cook Dental Lab also had to close because so much the work flow had come from the nearby Cook dental clinic.

What will remain are the examples of how he practiced and the fond memories. Many of his patients were, indeed, rescued by their dentist because Douglas Cook was there to do his good work. ■

Michaela McKenzie a biological dentist



Michaela McKenzie, DDS, was a biological dentist who practiced in the Atlanta area of Georgia. On January 26, 2023, not quite at the age of 57, she died after a battle with cancer.

Dr. McKenzie grew up in London, England. Her father was recognized as a master engraver specializing in engravings on firearms and other objects of value. She grew up with an interest in horses, riding them and going to horse shows.

Her dental practice, Dazzling Smiles, thrived for many years in the Buckhead area of Atlanta; more recently she moved her practice to Roswell.

Her knowledge of holistic dentistry and her knowledge of the craft of dentistry attracted patients from a wide area. She was active in the International Academy of Oral Medicine and Toxicology (IAOMT), serving on its board of directors. She was known as outgoing and kind to her many friends. We are saddened by the loss of this notable biological dentist. ■

Ronnie Cummins Leader in Organic and Regenerative Agriculture

By Leo Cashman

Ronnie Cummins died on April 26th, 2023. He was about 77 years old and died of cancer in central Mexico where he had often worked on “regenerative” agriculture. Projects there included Via Organica, a farm school and research center and also Regeneration International and its “Billion Agave Project” that sought to regenerate the land, do carbon sequestration, reduce farmer poverty and allow them to succeed, reducing the need to flee their native Mexico.

Besides working extensively in Mexico, his wife Rose Welch and he called south Minneapolis their home but they also had a work home in Finland, Minnesota, on the north shore of Lake Superior, where Organic Consumers Alliance (OCA) has its main office.

Ronnie was versatile as an activist, speaker, writer and author of

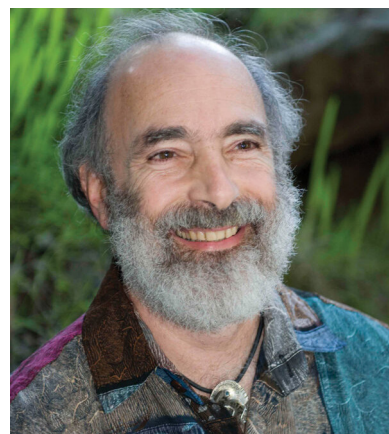
several books, the most recent one being *The Truth about Covid-19*, which he co-authored with Dr. Joseph Mercola. Dr. Mercola wrote the medical chapters and Ronnie wrote the four chapters on freedom, which was in peril because of the covid mandates. By the end of 2021, the book had become a national best seller.

Beloved by friends and family and widely admired for his work and leadership, some may wonder how an organic food leader could succumb to cancer. But we do know he grew up in a heavily polluted “cancer alley” part of Louisiana and we know we are all challenged to be living in a somewhat toxic world.

Ronnie Cummins is survived by his beloved wife, Rose Welch, and their son Adrian. His words and strong spirit shall live on. ■



David Getoff in memoriam 1952 - 2022



Clinical Nutritionist and traditional naturopath David Getoff died October 30th 2022 after a year long battle with of acute myeloid leukemia (AML). He was 70.

A noted health educator and speaker, David lived in an eastern suburb of San Diego, California. For over two decades he had served as the Vice President of the Price Pot-tenger Nutrition Foundation.

David grew up in Manhattan, New York City, near Central Park, and both of his parents were clinical psychologists. He moved to San Diego in 1979 where he held an impressive array of diverse professions until settling in the late 1980s into his true passion as a Board Certified Clinical Nutritionist and traditional naturopath. His web site, naturopath4you.com conveys his diverse ideas, his DVDs and his research findings.

David is survived by wife, Linda, brother Michael, sisters Sarah and Maria and his cat, Tomkha. His excellent services and teachings will be missed and we are saddened by passing of this kind and good man. ■

Carol Ward, DAMS board leader for three decades, remembered

By Leo Cashman



Carol Ward, a longtime DAMS leader in the Philadelphia area, died on December 2, 2022. At age 82, she died of cancer. She joined DAMS as a coordinator in 1988 and served as a board member and as a vice president from 1995 until 2019 when she resigned for health reasons.

DAMS had been a large part of her life. Hers was a classic case of mercury poisoning and she received her first amalgam fillings at age 7 or 8. She had many more cavities because of excessive sweets and at 15 she got three crowns with their metals on top of the amalgams. In her 20s, she got more fillings and that, along with exposure to dry cleaning chemicals, gave her multiple chemical sensitivity. By age 39 she had sensitivity to cold, memory loss, insomnia, severe candidiasis and kidney pain.

But in 1985 there came a turning point as she was diagnosed with mercury poisoning. She had her 13 fillings and three crowns replaced and then went on a detox program. Her memory loss reversed substantially and by the following spring she was able to go on two-hour hikes again. She also regained her ability to play the piano.

Carol lived in the Philadelphia area, but she traveled far and wide to demonstrations, dental conferences and FDA hearings held on the amalgam issue. She always wanted to be where the action was. In more recent years Carol also became an activist against the

cell towers and against the 5G poles that are being installed in all major cities. It was a new battle to keep healthy, having already fought her way back from mercury toxicity. On into her later years, she had been exposed to five cell antennas on top of a building across from her and she had been forced to get a 5G smart phone! It was a difficult battle for her as it has been for so many others.

We will remember Carol and her spirit fondly; she embodied the value of what DAMS can do for the mercury toxic person as she found so much more in lifewaiting for her after shaking off the mercury burden. May her most joyous spirit go on and sound of her laughter.

In her e-mail in 2019, resigning from the DAMS board, she told of her disabilities and cancer diagnosis and said "I think you are all special people and have loved working with you." ■



Carol Ward with mercury activist friend Freya Koss, right

Marjorie Monteleon was a leader on the coast of Maine

By Leo Cashman,

A photographer and long-time DAMS leader in Maine, Marjorie Monteleon, died on January 5, 2022, reportedly due to covid. She was 82. We knew her for her curious, intelligent, mind, her kindness and a caring person who volunteered to help those who are less fortunate. She was a professional photographer, capturing nature scenes along the coast of Maine.

She was very committed to stopping dental mercury. In the year 2001 she was part of a coalition that got a bill passed and signed into law in Maine requiring dentists to display a warning poster in the waiting

area warning about the mercury that is in amalgam fillings. The law also required dentists to provide each patient with a brochure describing the hazards of mercury amalgam fillings to health and to the environment. It was a stunning victory.

Marjorie's son, Preston, had committed suicide and she insisted that it was due to mercury poisoning from his amalgam fillings. That loss of her son must have helped drive the passion and commitment behind her activism.

Marjorie Monteleon is survived by her three other children and by five grand-

children. She is fondly remembered by her community in Southwest Harbor, Maine, and by her many friends. ■



**Marjorie Monteleon
with Hal Huggins, DDS**

Anita Karimian, longtime DAMS coordinator in New York City

By Leo Cashman

Anita Karimian, who served for decades as a DAMS coordinator in New York City. She died on September 25, 2022 after a bout with cancer. She was 82 years old.

For those many years, she served as our busy DAMS coordinator in the New York area, keeping us posted. She had personally suffered from mercury toxicity from her amalgam fillings, but she escaped. With her recovery, she earned a doctorate degree, writing her thesis on the public's knowledge and perceptions about dental mercury.

Over time, Anita Karimian came to understand better that some difficulties that she'd had with mercury and mercury detox were related to genetic polymorphisms that she had. Testing revealed that she had a MTHFR poly-

morphism that made methylation pathways more difficult. She further discovered, that she also had a genetic defect called G6PDD which required other adjustments in her diet. She wrote a short article about that DAMS in the DAMS newsletter, August 2022 issue, she wrote an article for us about the G6PDD polymorphism. It explained how that genetic defect is commonplace and how genetic testing for that genetic polymorphism should be routinely done in all states. That article was her final work contribution to DAMS.

Anita Karimian is survived by two daughters, Gloria Karimian and Erica Printz, and by two grandsons, Sam Printz and Oliver Karimian. It is hard to think that Anita, our tough and feisty New Yorker City leader, will not always be reporting to us from there. ■



Anita Karimian
an old photo from
family archives, back
around 1980

Early on, Paul Brodeur wrote about the hazards of microwave radiation

By Leo Cashman

Paul Brodeur, a leading health writer of the '60s, '70s and '80s, died on August 2, 2023 at 93. Writing articles for the New Yorker magazine, he covered the damaging effects of asbestos, the damage caused by chlorofluorocarbons to the ozone layer, the health hazards of electric power lines, and the hazards of microwave radiation. In each of those subject areas, he compiled his articles into books written for scientists, doctors and anyone wanting to know the truth about health.

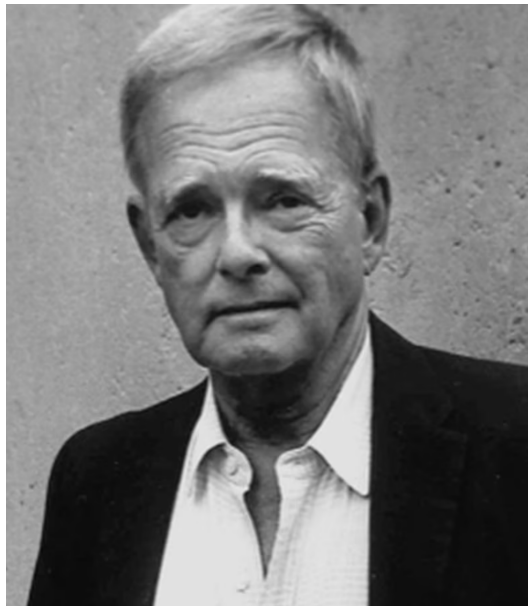
Asbestos In 1968 he began a series of articles on asbestos, describing the high rate of cancers and deaths among asbestos workers, and the industry cover-ups. His writing led to a wide public awareness of the harm caused by asbestos, especially to miners and other workers. They were developing mesothelioma, a deadly cancer that starts in the lining of the chest and abdomen. Eventually, large damage awards were assessed against all of the leading asbestos manufacturers, leading to their bankruptcy.

Chlorofluorocarbons

In 1974 he began writing about the threat to the ozone layer by chlorofluorocarbons, used as an active chemical in refrigeration and in propellant sprays. The awareness of CFCs helped bring about the international banning of CFCs under the Montreal Protocols.

Microwave radiation

In 1976 Brodeur began writing about the damaging effects of microwave radiation. His articles gave rise to the 1977 book *The Zapping of America: Microwaves,*



Paul Brodeur

their Deadly Risk, and the Cover-Up. It was the first major book on the subject; it revealed an invisible harm back then and of a cover-up of that harm that persists even now.

Cancer in a US Embassy A media buzz developed with stories about a range of health problems being reported at the US embassy in Moscow. It was being subjected to microwave bombardment from across the street; but how can that be, some "authorities" argued, because microwaves carry too little energy to cause harm. But, in fact, people living and working in the embassy were being harmed by dangerous levels of microwave radiation and EMFs. Ambassador Walter J. Stoessel Jr suffered nausea and bleeding in his eyes. Two of his predecessors had died of cancer. Sixteen American women who served at the embassy developed breast cancer. Publicly, the US Department of State, which runs the embassies, downplayed the seriousness of the issue. Staffers there had a strong sense of a cover-

up and betrayal.

US Air Force personnel suffered severe problems

Brodeur wrote about damage caused by radar microwaves to those serving in the US military. He detailed the birth defects in the offspring and the infertility suffered by Air Force pilots stationed at Fort Novosel (called Fort Rucker back then) and other bases in Alabama. Well over half of the Down syndrome babies born in Alabama had fathers who had been exposed to microwave radiation from the military's radar at one of the state's Air Force bases. There were markedly excessive birth defects including club foot, cleft palate, abnormalities of the heart, genital organs, and of the circulatory and respiratory systems. There were abnormally high death rates at the hospitals in those counties where Air Force bases were located. The military brass favored cover-ups, as seen in their blocking funding for scientific investigation into these problems.

Cataracts and also heart disease

Brodeur wrote about the research of ophthalmologist Milton Zaret, MD, and who had published several scientific papers confirming that microwaves are able to cause cataracts. He had found that many servicemen exposed to radar (microwave) had been afflicted with cataracts. Dr Zaret also looked into the high incidence of heart attacks in southeast Finland, near the Soviet border and they were occurring in young adults. Despite the serenity of the lakes and forest there, its people had the highest rate of heart attacks in the world! Dr. Milton Zaret investigated and found that Soviet microwave radiation beams were

directed at the area from across a lake.

Brodeur also exposed the massive over exposure of Americans to the increasingly popular microwave ovens, which were subjected to FDA radiation intensity limits that were seriously un-protective and there was no pretense of enforcing them.

Mind control

He wrote about the CIA's deep interest in microwaves for mind control for enemy combatants and other targets. Mind control is something that Barrie Trower, a former British intelligence officer, talks about on Rumble today.

Brodeur knew, even back in 1977, that microwave use, with its many

purposes, could not easily be turned around and brought under control.

Microwaves today

Indeed, the wireless industry, spewing out its radiation from so many devices, prevails despite the despite the cries of victims and the growing evidence of harm. The masses of people are largely unaware of how microwaves are affecting them since devices showering them with microwaves onto are so commonplace. Nearly every school classroom, from K through college, uses Wi-Fi as the internet connection, bringing microwave down upon the students and the teachers. Libraries and offices are similarly irradiated. Cell towers and cell antennas litter

cities, towns and countryside, leaving us with few places to escape.

It is striking that America was warned so well by Paul Brodeur early on, in the 1970's, yet his warning was roundly ignored and the microwave exposures only expanded. Industry, government and media have continued with their promotion and their cover-up. Maybe we should just take keep pushing back and telling the truth, like Paul Brodeur always did. ■

Lisa Marie Presely went public with her dental mercury story Was Elvis affected by dental mercury too? continued from page 24, back page

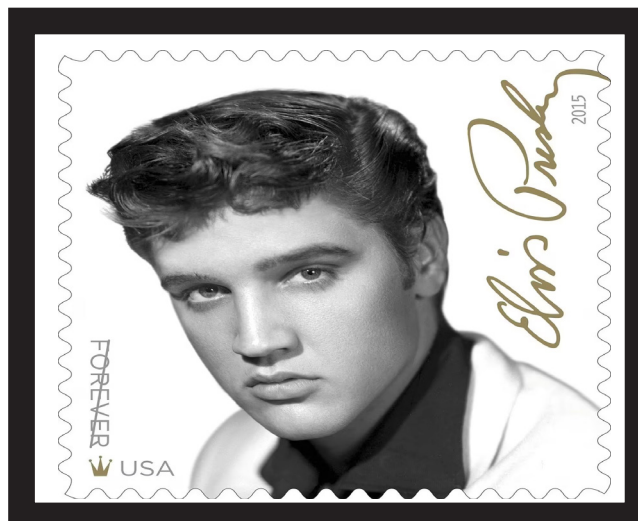
sizable increase in mercury exposure have set Elvis onto a battle of his own with mercury? What is known about his life. His marriage to Priscilla was rocky and ended in divorce after four years; he had noticeable weight gain that was perhaps the effect of mercury on his thyroid function. There was some performance anxiety followed by an addictive dependence on prescription drugs. The interaction of the many prescription drugs was given as the cause of his death in 1977, at age 42, of "heart failure." and that is not disputed. But it appears that dental mercury placed while he was in the army could well have led to a more difficult path for him. At DAMS we know how easily mercury will creep into someone's life and then go on to cause many problems. Lisa Marie Presley, we know, was she was one who sought escape from mercury toxicity, and she told

her story publicly, as so many DAMS people have. We thank her for that. Elvis himself was quite possible affected by mercury toxicity too. But, if so, from what we gather, he never saw it as the culprit it was.

The truth about the lives and health of celebrities is often covered up not just from the public but even from

the celebrities themselves. How easy it is that the dental mercury cover-up goes on and on.

May Lisa Marie Presley rest in peace and the same for Elvis too. ■



DAMS Dental Amalgam Mercury Solutions**1041 Grand Ave, #317 St Paul MN 55105 USA****Telephone 651-644-4572***Prices shown at right include the cost of shipping the item within the USA by media mail.*

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Evidence of Harm - mercury dental filling hazards and who's covering it up, By Randall Moore	22.00 ____
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Part 2 has four segments: 1) Poisoned Horses - they were poisoned, and some died, due to fluoridation	
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Lisa Marie Presley left us in 2023. What she had revealed about her battle with dental mercury

Lisa Marie Presley, daughter of the late rock 'n' roll singer-entertainer Elvis Presley, died on January 13, 2023. She was 54. Born in 1968 at the height of Elvis Presley's fame, she grew up in that spotlight. Her life presented its own challenges: Elvis and his wife Priscilla separated in 1972 when Lisa Marie was only four years old, and she was only nine when Elvis died at 42.

While mainstream media tells of Lisa Marie's four marriages and the singing career that she launched in 2003, it carefully skips over her dental mercury health crisis, although she spoke about it in detail in an April 17, 2003 cover story in *Rolling Stone* magazine. Here are some excerpts from that.

Lisa Marie in *Rolling Stone*

In the stressful time following her 1996 divorce from her husband, Michael Jackson, Lisa Marie's health



collapsed. "I started to have panic attacks." She suffered from asthma, hypoglycemia, and candida overgrowths. "My...gall bladder stopped working, and I had to get it taken out....I was absolutely falling apart, physically and emotionally, for a two-year period." But after telling a naturopathic doctor in the Los Angeles area about her symptoms, he took a look inside her mouth and told her to get all of her mercury amalgam fillings removed. Once she safely got her amalgam fillings out the assortment of symptoms came to a stop. "Mercury can make you go...crazy," she told *Rolling Stone*.

Elvis himself With the recall of Lisa Marie's dental mercury story we think of the lives other celebrities and the effects dental mercury had on their lives also. What about Elvis himself, her father, the singer

who shaped Rock 'n' Roll music. Was he afflicted with dental mercury somewhere along the line? If so, would mercury have contributed to the problems he had in the last decade or so of his life?

In March of 1958, Elvis Presley began a two-year stint in the US Army; he was stationed in Germany most of that time. Every new recruit gets a medical and dental exam, and all tooth decay is addressed. The US military always uses mercury amalgams for dental filling restorations, and Elvis prided himself on never asking for any special treatment as a soldier. He also indulged in sugary and fast foods, so the army dentists probably found a lot of cavities and placed many mercury amalgams during those army years. Might a

continued on page 21